

# JODY CAIN

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## Statement

Creating during this pandemic is like everything else. Working, family, finances... it's all different and new and unknown and exhausting. It's overwhelming and boring as time flies and stands still. At first I thought I would have all this time to focus on my creative work, but I couldn't focus at all! It's taken some settling down before I could dig into this work.



Masks seemed a natural progression of my lady sculptures. A neighbor asked about masked AND smiling. With news and social media overload, she asked me for a glimmer of hope and humanity. This helped me focus on the positives that this year has brought; time slowing down, staying home, conversations with neighbors, canoe rides, walks, growing things, reading, listening, swimming, building.

I haven't created a lot, and what I have worked on is new, translating old ideas in a new medium and connecting to this new pace and the coping strategies many of us are utilizing. It's time to reconsider, look, consider perspectives- be mindful.

Thank you for taking a moment to look at my work.

I hope it makes you smile. I hope it makes you wonder. I hope it makes you take a closer look.

## Bio

Jody has been a creative her whole life.

Working in many mediums, she enjoys layering, combining, and testing techniques that she learns along the way. She often works with mixed media painting with collage, acrylics and mark making. Sculptures are an extension of her stylized long-neck ladies and may include paper clay or ceramics with found objects, upcycled cloth, and other bits and pieces that make her smile.

She is currently teaching middle school full-time digitally and is excited for the time we can safely have in person artistic events.

It is her hope that the works selected for this exhibit not only showcase the best examples of their craft, but also inspire open dialogue and fruitful cross-pollinations between both artists and audiences alike.

You can follow Jody on Instagram, @jodycain, or email [jodycarlsoncain@gmail.com](mailto:jodycarlsoncain@gmail.com) to find out what's going on with her. She is currently teaching middle school full-time digitally and is excited for the time when we can safely have in person artistic events.