

Saddle Stitch Book



CREATED BY:

Lise Bengson,
Seattle ReCreative

MEDIA:

Bookmaking /
Bookbinding

SUPPLIES:

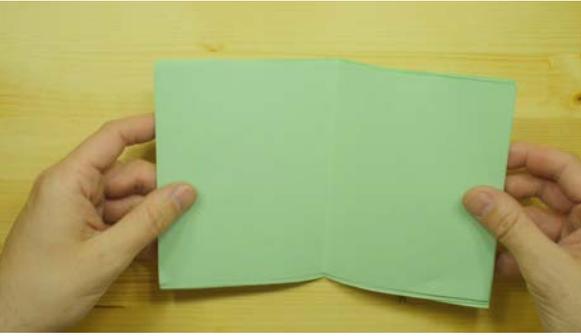
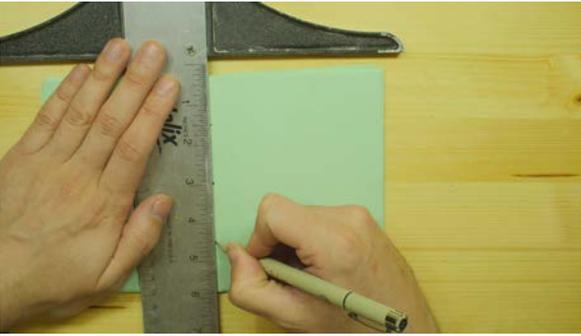
Letter sized paper,
scissors, sewing
needle & thread, awl
or hammer and nail
to punch holes, small
piece of scrap wood
to protect your table

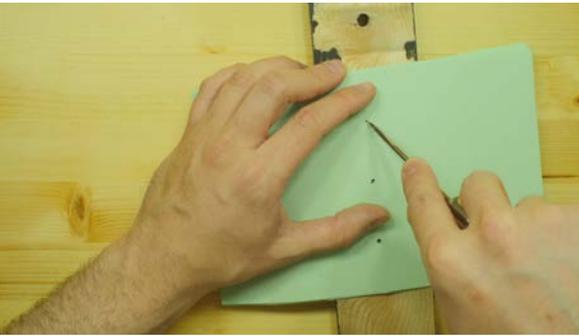
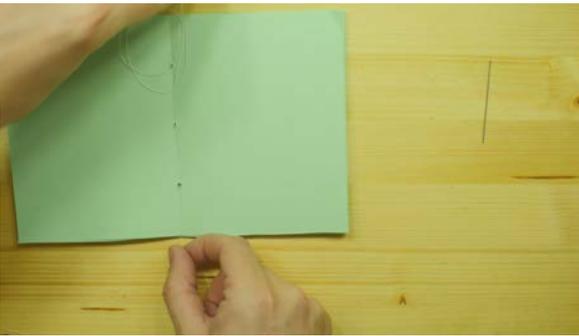
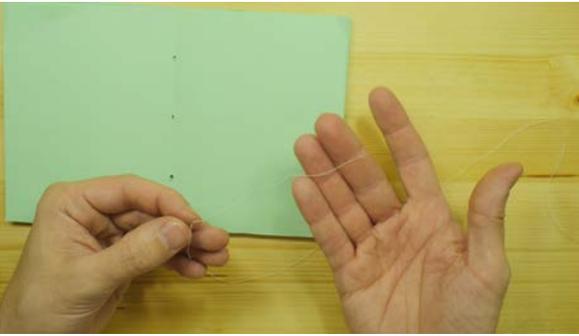
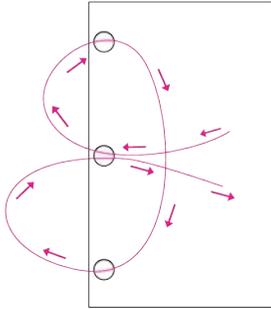
OBJECTIVE

Create a saddle-stitched book using reused and recycled materials commonly found around your house.

QUESTIONS:

- What kind of uses could you imagine for a book like this?
- How would different types of paper and materials change how it might be used?
- When creating functional art, like a book, where is the line between function and creative expression?

<p>STEP ONE</p>	<p>Take 4-8 sheets of standard copy paper 8.5"x11" in size and fold each sheet in half both lengthwise and widthwise.</p>	
<p>STEP TWO</p>	<p>You will now have a long fold and a short fold, cut each sheet in half along the short fold</p>	
<p>STEP THREE</p>	<p>Once they are all cut, stack the pages together, now we're starting to see the final form of the book.</p> <p>If you want to add a cover, create it the same way as they other pages and put it as the outer most / bottom layer of the stack of pages</p>	
<p>STEP FOUR</p>	<p>Flip the stack over so that the outside cover is face up, and using a pencil and ruler, mark three evenly spaces dots along the fold.</p> <p>(The example has them spaced 1.5" apart)</p>	

<p>STEP FIVE</p>	<p>Place the pages on top of a piece of scrap wood to protect your tabletop with the dots you just made still facing up.</p> <p>Using an awl, or a hammer and sharp nail, pierce holes all the through your pages. Hold it up to a light to verify they pass all the way through</p>	
<p>STEP SIX</p>	<p>Take your thread and measure out 5 times the length of the spine of thread and cut from the spool.</p>	
<p>STEP SEVEN</p>	<p>Thread your sewing needle so that you just about 4-5 inches of thread through the needle, this is our "tail".</p>	
<p>STEP EIGHT</p>	<p>Following the pattern in the photo, start by inserting the needle through the middle hole from the inside of the book, then go through the top hole from the outside, then through the inside of the bottom hole, and finally back through the outside of the middle hole. Pull the thread snug and tie a knot with the two ends now coming through the middle hole.</p>	

<p>STEP NINE</p>	<p>Your Book is now completed!</p> <p>Combine this simple book binding method with different types of paper, thread, and book sizes / shapes to create an endless series of possibilities.</p>	
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